



District Health Council Meeting

4:15 pm – 5:30 pm

Wednesday March 13, 2019

Opening

The regular meeting of the District Health Council Meeting was called to order at 4:15pm on Wednesday March 13, 2019 at 255 Pico Avenue, Child Nutrition Services Conference Room, by Dena England.

Present

Dena England, Christina Owens, Jennifer Overman, Bonnie Bagheri, Sam Sonnich

Documents Provided

Meeting Agenda Wednesday March 13, 2019

AB 479: Healthy, Climate-Friendly School Meals

Landmark California Legislation Encourages Climate-Friendly, Plant-Based School Lunch Options

District Health Council Wellness News

Open Issues

Student Wellness Presentations: Roberto Carboni and Grant Mahler. District Cabinet have not received an update

New Marketing Materials & DHC: Bonnie Bagheri recommended ASB students at SMHS to begin digital marketing of Wellness Policy to students at the secondary level.

Beginning with a focus on Nutrition Education and Physical Education and Activity.

Dena England offered to continue marketing to parent & staff utilizing an E-Newsletter along with Christina Owens.

Goals 2018/2019 Action Plan

Marketing of Wellness Policy and DHC: Bonnie Bagheri will lead development of marketing to students utilizing the ASB students at San Marcos High School. Dena England and Christina Owens will continue marketing to parents and staff utilizing an E-Newsletter.

Committee all approved of goals and action plan.

Future Meeting Dates: May 8th

Council agreed on a minimum of four meeting per year.

Next meeting set for Wednesday, May 8th from 4:15 pm – 5:30 pm at 255 Pico Avenue, Child Nutrition Services Conference Room.

Adjournment

Meeting was adjourned at 5:30 pm by Dena England. The next general meeting will be at 4:15 pm on May 8th at San Marcos Unified School District Suite #255 Child Nutrition Services Conference Room

For more information go to <https://smusd.org/cms/one.aspx?pageId=543185>

****DISCLAIMER:** The District Health Council is an active committee including interested persons, who collectively make decisions in the best interest of the District within the regulations given from State and Federal.

Minutes submitted by: Christina Owens

Approved by: Approved by committee via email on 3/14/19