

2019-2020 Elementary & K-8 Rotations

Salad Bar Rotation

10 Half Inserts

Monday	Tuesday	Wednesday	Thursday	Friday
Salad Mix	Salad Mix	Salad Mix	Salad Mix	Salad Mix
Grape Tomatoes	Baby Carrots	Apple Slices	Grape Tomatoes	Baby Carrots
Cucumbers	Edamame	Cucumbers	Squash Coins	Cucumbers
Manadarin Oranges	Fresh Fruit	Yogurt Dip	Fresh Fruit	Frozen Strawberries
Open Choice	Open Choice	Open Choice	Open Choice	Open Choice
Open Choice = Fresh fruit, canned fruit or featured produce of the month. Must not be window component from same day.				

Window Components

Monday	Tuesday	Wednesday	Thursday	Friday
Carroteenies	Broccoli	Grape Tomatoes	Corn	Squash Coins
Vegetable Juice	Jicama	Edamame	Asst. Pepper Rings	Vegetable Juice
Applesauce	Mixed Fruit	Diced Peaches	Pineapple Tidbits	Diced Pears
Raisels	Fresh Fruit	Apple Berry Juice	Fresh Fruit	Fresh Fruit
Salad Cup*	Salad Cup*	Salad Cup*	Salad Cup*	Salad Cup*
Salad cups are offered daily for middle school grades 6-8 only				

Weekly Key

Red/Orange - 2	Dark Green - 1	Other Veg - 1	Beans - 1	Starchy - 1
		Add'l Veg - 2		

If no entrée taken, then student **MUST** take all 4 window components **AND** milk

This institution is an equal opportunity provider.

Revised July 19, 2019