



MENU SUBJECT TO CHANGE

September

Salad Bar Served Daily

FIND YOUR MENUS AT:

<https://smusd.yummy.com>



This institution is an equal opportunity provider.

Did you Know? The Chef's Salad can be vegetarian. Protein is in a separate container!

WG = Whole Grain

= Gluten Free

= Contains Pork

= Vegetarian meal (May Include Egg)

2019 Elementary Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
School Closed Today 2 LABOR DAY HOLIDAY 	3 Mini Eggo Waffles Chicken N' Biscuit Teriyaki Beef Dippers & WG Rice Cheese or Pepperoni Pizza Hummus, String Cheese, Sunflower Seeds & WG Crackers Frozen Fruit Juice Treat	4 Cinnamon Yogurt Bread Yogurt & Grahams Beef Taco Salad with Tortilla Chips Chicken Poppers with WG Roll Chef's Salad with Pretzel Goldfish & WG Roll	5 Breakfast Pizza Cereal with Grahams Hot Chicken Sandwich Build Your Own Carnitas Street Tacos Yogurt, String Cheese & WG Roll	6 Turkey Sausage, Egg & Cheese Burrito French Toast Sticks Shrimp Poppers with String Cheese & WG Roll Grilled Cheese Sandwich Veggie Melt
9 House Baked Muffin Yogurt & Grahams Breakfast For Lunch Pancakes & Sausage Links Beef Soft Taco Hummus, String Cheese, Sunflower Seeds & WG Roll	10 Hot Cheese Stuffed Breadstick Cereal with Grahams Homestyle Chili with Tortilla Chips Chicken Bites with WG Roll Yogurt, String Cheese & WG Roll	11 Mexican Breakfast Bread Grilled Cheese Triangle Twistoroni with Homemade Beef Meat Sauce & WG Roll Cheese or Pepperoni Stuffed Crust Pizza Chef's Salad with Pretzel Goldfish & WG Roll	12 Maple Mini Pancakes Chicken Little Golden Baked Chicken & WG Roll Turkey Hot Dog Hummus, String Cheese, Sunflower Seeds & WG Crackers Smiley Potatoes	13 Cocoa Breakfast Bread Yogurt & Grahams ORANGE CHICKEN AND WG RICE Hamburger or Cheeseburger Veggie Melt
16 Turkey Sausage Patty & Pancakes Banana Breakfast Bar Picnic Chicken with Cornbread Cheese or Pepperoni Pizza Yogurt, String Cheese & WG Roll	17 Mini Eggo Waffles Chicken N' Biscuit Creamy Macaroni & Cheese Chicken Poppers Hummus, String Cheese, Sunflower Seeds & WG Crackers ANIMAL CRACKERS	18 Cinnamon Yogurt Bread Yogurt & Grahams Beef Taco Salad with Tortilla Chips Mini Corn Dogs Chef's Salad with Pretzel Goldfish & WG Roll	19 Breakfast Pizza Cereal with Grahams TERIYAKI CHICKEN & WG RICE Shrimp Poppers with String Cheese Yogurt, String Cheese & WG Roll	20 Turkey Sausage, Egg & Cheese Burrito French Toast Sticks Hot Chicken Sandwich Build Your Own Carnitas Tacos Veggie Melt
23 House Baked Muffin Yogurt and Grahams Brunch For Lunch Waffle Sticks & Sausage Links Turkey Hot Dog Hummus, String Cheese, Sunflower Seeds & WG Crackers	24 Hot Cheese Stuffed Breadstick Cereal with Grahams Orange Chicken & WG Rice Grilled Cheese Sandwich Yogurt, String Cheese & WG Roll	25 Mexican Breakfast Bread Grilled Cheese Triangle Golden Baked Chicken & WG Roll Cheese or Pepperoni French Bread Pizza Chef's Salad with Pretzel Goldfish & WG Roll	26 Maple Mini Pancakes Chicken Little Homemade Spaghetti & Beef Meatsauce Chicken Bites Hummus, String Cheese, Sunflower Seeds & Crackers Strawberry Fruit Smiles	27 Cocoa Breakfast Bread Yogurt & Grahams Hamburger or Cheeseburger Bean & Cheese Burrito Veggie Melt
30 Turkey Sausage Patty & Pancakes Banana Breakfast Bar Chicken Strips Creamy Macaroni & Cheese Yogurt, String Cheese & WG Roll	10/1 Mini Eggo Waffles Chicken N Biscuit TERIYAKI BEEF DIPPERS & WG RICE Cheese or Pepperoni Pizza Hummus, String Cheese, Sunflower Seeds & WG Crackers	10/2 Cinnamon Yogurt Bread Yogurt & Grahams Beef Taco Salad with Tortilla Chips Chicken Poppers & WG Roll Chef's Salad with Pretzel Goldfish & WG Roll	10/3 Breakfast Pizza Cereal with Grahams Hot Chicken Sandwich Build Your Own Carnitas Tacos	10/4 Turkey Sausage, Egg & Cheese Burrito French Toast Sticks Shrimp Poppers with String Cheese & WG Roll Grilled Cheese Sandwich Veggie Melt



Child Nutrition Services (CNS)

School Menus

www.smusd.org/cns and <https://smusd.yummyummi.com>

Meal Applications

At: www.smusd.org/cns
Schools and District Offices



“It’s Been Paid For”

At: JAL, LMA, SME
SMMS, TOHS

Services Available

Salad Bar: Daily selections of fresh fruit, vegetables and salad mix

Field Trip Lunches: Deli sandwich, fruits, vegetables and milk

Additional Items for Purchase: Bottled Water, Juice, and Milk

Prices: Breakfast - \$1.75, Lunch - \$3.00

SMUSD Meal Credit Program

Students may utilize a one-day meal credit for breakfast and lunch. If credit limit is exceeded, a student will receive raisin bran cereal with sides at breakfast and a sandwich with sides at lunch.